# SKINMEDICA SKINMEDICA METHOD A SCIENCE-BASED SKINCARE REGIMEN TAILORED TO YOU

# YOUR SKINMEDICA® METHOD

# A SCIENCE-BASED SKINCARE REGIMEN TAILORED TO YOU

SkinMedica® is a groundbreaking leader in science-based, age-defying skincare. Your SkinMedica® Method is a regimen tailored to your skin's unique needs.

From treatment to take-home
SkinMedica® products are formulated to complement
in-office treatments and procedures.
Enhance your results with a daily regimen
customized for you.



# HOW WE FACTOR YOUR SKIN'S NEEDS INTO OUR ENTIRE LINE:

# THE CLEANSE FACTOR

AN ARRAY OF CLEANSERS FOR EVERY SKIN TYPE

### THE GROWTH FACTOR

GROUNDBREAKING SCIENCE FOR SKIN
THAT'S TRANSFORMED

### THE CORRECT FACTOR

TARGET A WIDE VARIETY OF SKIN CONCERNS

### THE HYDRATE FACTOR

**ESSENTIAL HYDRATION SKIN NEEDS** 

### THE PROTECT FACTOR

**EVERYDAY PROTECTION FOR ALL SKIN TYPES** 

SKINMEDICA® BEST SELLERS

DELIVER THE REMARKABLE RESULTS

YOU CAN ONLY EXPECT FROM A

SCIENTIFICALLY PROVEN

SKINCARE LINE.

# AHA/BHA EXFOLIATING CLEANSER

### THOROUGHLY CLEANSES AND GENTLY EXFOLIATES SKIN



This elegantly formulated exfoliating cleanser gently scrubs away dead skin, improving the appearance of skin tone and texture

### **FOR**

All skin types

### HOW TO USE ☆ ((

Apply as the first product used in your morning and evening skincare routine, as tolerated.

### **KEY INGREDIENTS**

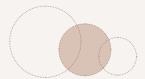
Lactic Acid, Glycolic Acid, Citric Acid, and Malic Acid (derived from natural extracts) reduce the appearance of wrinkles and enhance skin texture

**Jojoba Oil** gently exfoliates, minimizing irritation to skin

Salicylic Acid helps exfoliate skin

### **AMOUNT**

Nickel-sized amount



# TNS® ADVANCED+ SERUM

### NEXT-GENERATION GROWTH FACTOR BLEND



Growth factors are natural substances made by skin cells and play a pivotal role in maintaining firmness and elasticity in your skin. Our products featuring TNS® growth factor technology deliver improvements in the appearance of fine lines, wrinkles, skin tone, and texture.

- → This skin-rejuvenating formula improves the appearance of coarse wrinkles, fine lines, skin tone, and texture starting in just 2 weeks¹
- → Two powerful blends—TNS®-MR and RENESSENSCE (RSC) Advanced—work together for our most comprehensive results
- + It's the only growth factor product proven to address sagging skin

### **FOR**

All skin types

### HOW TO USE ☼ ((

Apply in the morning and evening after cleansing and toning. Dispense on the back of hand and blend together before applying to face.

### **KEY INGREDIENTS**

Chamber 1: TNS®-MR

Next-generation growth factor blend supports healthy skin functions

Innovative Peptide Complex nourishes your skin

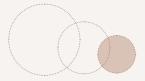
Chamber 2: RENESSENSCE (RSC) Advanced French Flax Seed Extract supports repair functions

**Marine Extract** supports skin's renewal processes

**Green Microalgae Extract** supports collagen and elastin levels

### **AMOUNT**

Dime-sized (1 pump)



### **6 YEARS YOUNGER**

Patients felt they looked up to 6 years younger after 12 weeks.1

### IMPROVEMENTS IN THE APPEARANCE OF SAGGING SKIN

Significant improvements in the appearance of sagging skin after 8 weeks.1

### PROGRESSIVE IMPROVEMENT

Subjects felt increasingly more satisfied with continued use measured over 24 weeks.<sup>1</sup>

### BEFORE & AFTER





### **BASELINE**

### FEMALE, AGE 60

FEMALE, AGE 60 Fitzpatrick Skin Type II. Unretouched photos, taken with standard lighting of subject at baseline and after twice-daily use of TNS® Advanced+ Serum. Individual results may vary.<sup>1</sup>





BASELINE

24 WEEKS

### FEMALE, AGE 68

Fitzpatrick Skin Type II. Unretouched photos, taken with standard lighting of subject at baseline and after twice-daily use of TNS\* Advanced+ Serum. Individual results may vary. 1

# TNS RECOVERY COMPLEX®



- Provides gradual improvements in the appearance of fine lines and wrinkles
- + Enhances skin tone and texture
- Appropriate for all skin types, including sensitive skin

### **FOR**

All skin types

### HOW TO USE 🜣 (

Apply in the morning and evening after cleansing and toning.

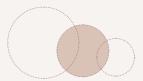
Apply to your entire face (neck and chest if desired)

# KEY INGREDIENTS Human fibroblast conditioned

media (TNS®)

### **AMOUNT**

Nickel-sized amount



# LUMIVIVE<sup>TM</sup> SYSTEM



- Two step antioxidant system
- Defends against environmental aggressors during the day; supports skin's recovery overnight
- + Amplifies any skincare regimen

### **FOR**

All skin types

### HOW TO USE 💢 (

LUMIVIVE™ System should be applied daily – 1 pump of LUMIVIVE™ DAY and 1 pump of LUMIVIVE™ NIGHT after cleansing in the morning and evening respectively

### **AMOUNT**

Dime-sized (1 pump)



### **KEY INGREDIENTS**

LUMIVIVE™ DAY Defense Serum

Envaille™ Technology includes:

(exclusively from SkinMedica®)

- + Theobroma cacao seed extract
- + Alteromonas ferment extract
- + Bioflavonoids

LUMIVIVE™ NIGHT Revitalize Complex

# ENVIGORATE™ Technology includes:

(exclusively from SkinMedica®)

- + Mitoquinol mesylate
- + Mirabilis jalapa callus extract
- + Pentapeptide-34 trifluoroacetate

# LYTERA® 2.0 PIGMENT BRIGHTENING SERUM

### **DELIVERS EVEN SKIN TONE**



- An advanced pigment-brightening serum formulated for all skin types
- Addresses the appearance of stubborn, uneven skin discoloration, dark spots, and patches
- Optimizes results of multiple treatment approaches, including chemical peels, laser therapy, microdermabrasion, and prescription skincare products

### **FOR**

All skin types

### HOW TO USE ☆ ((

Apply twice daily after cleansing and toning skin in the morning and evening. Lytera® 2.0 can be applied to the entire face, neck, chest, or other affected areas.

### **KEY INGREDIENTS**

**Tranexamic Acid** helps correct the appearance of hyperpigmentation

Phenylethyl Resorcinol helps support melanin balance to correct the appearance of hyperpigmentation

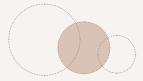
### Niacinamide and Tetrapeptide-30

help prevent the appearance of new spots while balancing the appearance of skin tone

Marine Extract Blend helps to correct and prevent the appearance of hyperpigmentation while supporting a healthy skin barrier

### **AMOUNT**

Nickel-sized (1-2 pumps)



### **SUBJECT SATISFACTION\***

AT 4 WEEKS, **91%** of patients said "Diminished the appearance of dark spots"

AT 8 WEEKS, **95**% of patients reported "Helped to fade the brown spots on my skin"

AT 13 WEEKS, **100%** of patients said "Made my skin tone look more even"

\*(n = 20)

### BEFORE & AFTER





### BASELINE

2 WEEKS

### FEMALE, AFRICAN-AMERICAN, AGE 40

Fitzpatrick Skin Type V. Unretouched photos, taken with standard lighting of subject at baseline and after twice-daily use of Lytera® 2.0 Pigment Brightening Serum. **Individual results may vary.**¹





### BASELINE

12 WEEKS

### FEMALE, HISPANIC-AMERICAN, AGE 54

Fitzpatrick Skin Type IV. Unretouched photos, taken with standard lighting of subject at baseline and after twice-daily use of Lytera® 2.0 Pigment Brightening Serum. **Individual results may vary.**¹

# RETINOL COMPLEX

### SKIN RENEWAL IN A POWERFUL FORMULA



- Enhances skin tone, texture, and resiliency
- Diminishes appearance of fine lines and coarse wrinkles
- Encapsulated with PhytoShield™ Complex, an antioxidant complex that provides targeted retinol delivery and minimizes irritation typically associated with the use of retinol products

### RETINOL COMPLEX IS AVAILABLE IN 3 STRENGTHS: 0.25, 0.5, and 1.0

Your skincare professional will determine the appropriate strength for you.

### **FOR**

All skin types

### **HOW TO USE** (

Apply in the evening after cleansing and toning and before applying moisturizer. If a retinol product has never been used before, begin twice a week 2 to 3 days apart, increasing frequency slowly until daily use is tolerated.

### **KEY INGREDIENTS**

PhytoShield™ Complex protects the retinol for stabilized, targeted delivery that enhances skin texture through exfoliation

Retinol (Vitamin A)

**Dunaliella Salina Extract** 

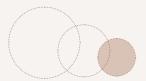
Magnolia Grandiflora Bark Extract

Niacinamide

Palmitoyl Tripeptide-8

### **AMOUNT**

Dime-sized (1 pump)



100% of Retinol Complex 1.0 patients agreed "Makes skin feel firmer"

(n = 21)

**92%** of Retinol Complex 0.25 patients agreed "Makes skin look brighter and healthier" (n = 24)

**80%** of Retinol Complex 0.5 patients agreed "Increases skin radiance and clarity" at week 12 (n = 20)

### BEFORE & AFTER

### **RETINOL COMPLEX 0.5**



### BASELINE

### 8 WEEKS

### FEMALE, AGE 54

Fitzpatrick Skin Type III. Unretouched photos, taken with standard lighting of subject at baseline and after once-daily use of Retinol Complex 0.5. **Individual results may vary.**<sup>1</sup>

### **RETINOL COMPLEX 1.0**



### BASELINE

### 12 WEEKS

### **FEMALE, AGE 59**

Fitzpatrick Skin Type III. Unretouched photos, taken with standard lighting of subject at baseline and after once-daily use of Retinol Complex 1.0. Individual results may vary.

# HA5TM REJUVENATING HYDRATOR

### THE ULTIMATE IN HYDRATION



- Delivers both immediate and longterm benefits
- Immediately smooths the appearance of fine lines and wrinkles and supports the skin's natural ability to replenish its hyaluronic acid
- Contains 5 different forms of HA that work synergistically

### **FOR**

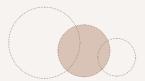
All skin types

### HOW TO USE ☼ ((

Because HA<sup>5™</sup> Rejuvenating Hydrator is a water-loving substance, wet fingertips prior to applying to skin. Apply twice daily before your moisturizer.

### **AMOUNT**

Nickel-sized (1-2 pumps)



### **KEY INGREDIENTS**

### **Proprietary VITISENSCE®**

**Technology** harnesses potent antioxidants found in Vitis flower stem cell extract. Combined with peptide complex and polysaccharides from French Polynesia, this technology restores natural long-term hydration of the skin

**Vectorized Time Release HA** is a SkinMedica® proprietary ingredient blend for sustained release of HA

**Sodium Hyaluronate** for immediate hydration

**Noncross-linked HA** for smoothness and hydration

Nano HA soothes skin

**Cross-linked HA** provides long-lasting hydration for up to 8 hours

### **IMMEDIATE AND CONTINUED IMPROVEMENT**

Improves the appearance of skin texture

Smooths the appearance of fine lines around the eyes and on the forehead

### AT 8 WEEKS, 83% OF PATIENTS AGREED that HA5TM

made their skin look and feel more plump (n = 23)

### BEFORE & AFTER





### BASELINE

# 15 MINUTES AFTER FIRST APPLICATION

HA<sup>5™</sup> was applied and remains on skin.<sup>1</sup>

### MALE, AGE 63

Fitzpatrick Skin Type II. Unretouched photos, taken with parallel-polarized lighting of subject at baseline and after the first application of HA⁵™ Rejuvenating Hydrator. **Individual results may vary.** 





### BASELINE

8 WEEKS

### FEMALE, AGE 50

Product was not left on the skin in this photo.1

Fitzpatrick Skin Type IV. Unretouched photos, taken with parallel-polarized lighting of subject at baseline and after the first application of HA<sup>5™</sup> Rejuvenating Hydrator. **Individual results may vary.** 

# DERMAL REPAIR CREAM

### SMOOTH TEXTURE AND FEEL



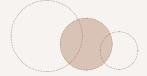
- Provides intense skin hydration
- + Helps replenish moisture
- Improves smoothness

### HOW TO USE 💥 ((

Gently massage a small amount all over your entire face (neck and chest if desired). Apply twice daily after cleansing, toning, and applying treatment products.

## AMOUNT

Nickel-sized amount



### **FOR**

All skin types

### **KEY INGREDIENTS**

This ultra-rich moisturizer helps prevent moisture loss and improves smoothness to restore skin's natural beauty.

Tetrahexyldecyl Ascorbate Tocopheryl Acetate Tocopheryl Linoleate Hyaluronic Acid Algae Extract

# TNS® EYE REPAIR

### IMPROVES SMOOTHNESS AND HYDRATION



- + Reduces the visible signs of aging around the eyes
- + Improves smoothness and hydration around the eyes
- Specifically targets fine lines, wrinkles, and dark circles

### HOW TO USE ☼ 《

Apply to the skin underneath eyes and around the outside corners of the eye area. Avoid eyelids. Apply a think layer with fingertip to the skin.

### **AMOUNT**

Dime-sized amount



### FOR

All skin types

### **KEY INGREDIENTS**

Human Fibroblast conditioned media(TNS®)
Palmitoyl tetrapeptide-7
Palmitoyl oigopeptide
Tetrahexyldecyl ascorbate
Tocopheryl acetate
Retinyl palmitate
N-Hydroxysuccinimide Chrysin
Boron Nitride



# SKINMEDICA° METHOD

# FROM TREATMENT TO TAKE-HOME

SkinMedica® take-home skincare products are formulated to complement in-office treatments and procedures.

Enhance your results with a daily regimen customized for you.



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SHARE YOUR EXPERIENCE

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References: 1. Data on file at SkinMedica®

**CAUTION:** Do not use Retinol Complex if you are pregnant, lactating, or planning to become pregnant. Mild redness, peeling, and irritation are expected when using this product. Use a sunscreen and limit sun exposure while using this product and for a week following discontinuation.

Sunburn alert: AHA/BHA Exfoliating Cleanser contains an alpha-hydroxy acid (AHA) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week following discontinuation.

IMPORTANT! SUNSCREEN IS REQUIRED TO OPTIMIZE AND MAINTAIN THE RESULTS OF USING LYTERA\* 2.0 PIGMENT BRIGHTENING SERUM.

